

What to Pack

This is a recommended packing list for our guests. We encourage you to pack your things in a water resistant duffel bag. We have quite a rocky terrain, making it difficult to transport wheeling suitcases. Please note that this is a **nut free** weekend.

Sleeping

- Insulated sleeping bag
- Pillow
- Blanket
- Single mattress bed sheet (optional)

Clothing

- Socks and underwear
- Pajamas
- Active wear (e.g. yoga pants, shorts, tank tops, t-shirts, etc.)
- T-shirts and shorts for a weekend
- Pants and long sleeved shirt
- Warm sweater and/or jacket
- Bathing suit
- Rain gear (rain jacket, rain boots, rain pants)
- Sturdy, closed toe shoes (i.e. running shoes)
- Shoes that can get wet
- Sun hat/sunglasses

Toiletries *(please ensure that all toiletries are biodegradable)*

- Sunscreen and bug spray
- Toothbrush & toothpaste
- Shampoo/conditioner and soap
- Towel
- Any required medication

Other

Please note that we do not have any electricity on the island. Therefore, we do not have any electric outlets for charging. This is a great weekend to "disconnect"!

- Yoga mat (optional)
- Life jacket (if you have one)
- Flashlight
- Ear plugs (for sleeping - optional)
- Water bottle
- Journal
- Camera

Wine/Alcohol - Alcohol will not be served this weekend but you are welcome to bring your own. Please note that **glass is not permitted outside of the Dining Hall.**