

STEPPING STONES: Clothing & Equipment List

To Camp	From Camp	
		Clothes:
		2 pair of warm pants (e.g. sweat pants)
		2 pairs of shorts
		2 t-shirts
		1 sweater
		1 long sleeve t-shirt
		1 jacket or windbreaker
		1 pair of warm pajamas
		3 pairs of socks
		3 pairs of underwear
		2 non-medical, cloth face masks
		1 sun hat
		2 bathing suits
		1 rain coat
		1 pair of lace up shoes
		1 pair of shoes that can get wet (sandals with straps, not flip flops)
		Bedding:
		1 sleeping bag
		1 blanket
		1 pillow with pillow case
		1 beach towel
		Toiletry Bag with:
		- Biodegradable shampoo (e.g. Live Clean)
		- Biodegradable toothpaste (e.g. Colgate)
		- Biodegradable soap (e.g. Body Shop)
		- Tooth brush
		- Hair brush
		- Sunscreen 30+
		- Bug spray – non aerosol
		1 lifejacket with government approved & whistle
		1 working flashlight
		Water bottle
		Optional:
		1 small stuffed animal
		Camera
		Book

Please send this list to camp with your daughter and ensure she knows where it is packed so we can be sure everything is packed & returned home. We also suggest you have your daughter pack her bag with you, so she is familiar with all the items she will have with her at camp!